

CTOMETRY · FREE TOOL

Approved AI Tools Register

A single, published list of the AI tools people can use — and the boundaries. Kills shadow AI without killing momentum.

1. Tool record

Field	Value
Tool name	
Vendor	
Purpose	
Data classes allowed	Public · Internal · Confidential · Restricted
Data classes forbidden	
Training on our data?	Y / N — evidence
Contract owner	
Approval date	
Review date	

2. Standing rules

- No personal or customer data into consumer AI tools.
- No confidential data into any tool that trains on inputs.
- New tools go through the register before use, not after.
- The list is published internally and refreshed quarterly.

When this workbook surfaces something worth acting on, book a Diagnostic Call at ctometry.co.uk.